

## Program includes:

- Family Events
- Parent Education
- Parent Involvement
- Snack Included
- Weekly Themes
- Interest Centers
- Swimming
- Indoor and Outdoor play
- Story Telling
- Field Trips
- Gymnastics
- Kindergarten Readiness

Additional swimming, gymnastics, and dance lessons available following Bright Beginnings program.

Reduced rate for Bright Beginnings participants.

### Typical Daily Schedule

9:00-9:15am	Arrival Time
9:15-9:45am	Circle Time**
9:45-10:30am	Centers
10:30-10:45am	Clean up/ Bathroom Break
10:45-11:15pm	Snack
11:15-11:45pm	Centers/Free play outside or gym
11:45-12:00pm	Parent Pick-up

\*\*gym/swim is weekly on Thursday or Friday



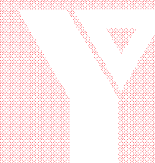
Monroe County YMCA  
9514 Caring Way  
Columbia, IL 62236

# YPRESCHOOL™

## Bright Beginnings



- Child Development Program
- Morning program 9-12pm
- 2 or 3 days a week
- Includes swim and tumbling
- Financial Assistance available
- Highly qualified teachers



Monroe County YMCA  
9514 Caring Way •  
Columbia, IL 62236  
618.281.9622  
[www.ymcaswil.org](http://www.ymcaswil.org)

**YMCA Mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.**

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Permit No. 8  
Columbia, IL

# YMCA Bright Beginnings

YMCA Bright Beginnings Program provides a developmentally appropriate curriculum in a child-centered environment of warmth, friendliness and freedom. Your child will have opportunities for exploring, experimenting and questioning, which will encourage curiosity, creativity and expression. We provide an opportunity to develop self-confidence, creativity, social skills, gross and fine motor skills. Since all children are individuals, we believe in developing the whole child-emotionally, physically, intellectually and socially, while meeting each child's own needs and learning styles.



## Staff

The Bright Beginnings Program has a Coordinator who directs the program and supervises the teaching staff. Teachers have experience and backgrounds in early childhood or related fields. The entire staff participates in workshops, training, and courses pertaining to preschool education on a regular and on-going basis.

## Parents/Caregivers

Child care is a partnership between the parent/caregiver and the child care provider. The YMCA welcomes parent /caregiver participation in programs and policy decision-making. This involvement contributes to the success of our program. We encourage parents/caregivers to visit the program, meet staff, and participate in our program. This can be done through volunteering in the classroom, special events, and parent meetings.

## Program Content

Our Bright Beginnings Program follows a constructivist philosophy with open-ended art activities, science, fine & gross motor skills and hands-on discovery in a fun, enriching environment. The program is designed to prepare our rising kindergarteners for a smooth transition into their first year of school. We strive to create an environment that is warm, loving and fun, yet blended with structure and curriculum to challenge our preschoolers.

The Bright Beginnings Program includes times for self-directed activities, teacher-directed activities and group activities.

**Unstructured Time** – allowing each child to initiative activities independently through art, dramatic play, learning games, science table, building blocks, puzzles, and other manipulative activities.

**Structured Time** – children will participate in a number of activities such as group time, story time, field trips, special events, small groups, music & movement, large motor activities, and much more. \*

**\*\*Swimming and tumbling time included every week**

## Contact information:

Vicki Clark  
Child Development  
Coordinator  
Monroe County YMCA  
vclark@ymcaswil.org  
618.281.9622



## Ages and Hours

**Ages: 3 - 5**

(must be 3 by September 1, 2009 and must be completely toilet-trained)

**Hours: 9:00 am - 12:00 pm**

Program will run September – May, with Camps during the Summer

Price List	Member	Non-member
<b>Registration Fee</b>	\$25	\$35
<b>3 days/week</b> Mon, Wed, & Fri	\$125/month	\$135/month
<b>2 days/week</b> Mon/Wed OR Tues/ Thur	\$105/month	\$110/month

\*additional fee for swimming and dance lessons

## Enrollment

The YMCA Bright Beginnings Program is open to all children who may benefit from our type of program regardless of race, creed, sex, religion, nationality or ability to pay. Scholarships are available to families who qualify for financial assistance.

We guarantee placements in our program only if we have your child's enrollment forms and registration fee. The above applies as long as there are openings available. If there are no spaces available, a child may be put on the waiting list.

Enrollment forms available at the Service Center.