

Monroe County YMCA- HTC Center Oerter Aquatic Center Schedule- Jan. 4-March 21

	Lap Swim *Time (# of lanes available)	Open Swim	Water Fitness	Swim Lessons	Swim Team	Other
<b>Monday</b>	5-6 a.m. (2) 6-7 a.m. (4) 7-9 a.m. (3) 9-10 a.m. (4) 10-11 a.m. (2) 11 a.m.-1 p.m. (3) 1-4:30 p.m. (4) 4:30-8 p.m. (2) 8-9:30 p.m. (4)	5-7 a.m. 7-9 a.m. (deep only) 9-10 a.m. 10 a.m.-1 p.m. (deep only) 1-4:30 p.m. 4:30-8 p.m. (deep only) 8-9:30 p.m.	Aqua Variety 7-7:45 a.m. Aqua Aero 8-8:45 a.m. Power Aqua 10-10:45 a.m. Aqua Aero 11-11:45 a.m. Arthritis 12-12:45 p.m. Aqua Aero 6:30-7:15p.m.	9-10 a.m. 4:30-8 p.m.		
<b>Tuesday</b>	5-6 a.m. (3) 6-7 a.m. (4) 7-8 a.m. (3) 8-9 a.m. (4) 9-10 a.m. (2) 10- Noon (3) 12- 4 :30 p.m. (4) 4:30-6:30 p.m. (1) 6:30-9 p.m. (2) 9-9:30 p.m. (4)	5-7 a.m. 7-8 a.m. (deep only) 8-9 a.m. 9-Noon (deep only) 12-4:30 p.m. 6:30-8 p.m. (deep only) 8-9:30 p.m.	Aqua Tone 7-7:45 a.m. Power Aqua 9-9:45 a.m. H2O Relax 10-10:45 a.m. H2O Relax II 11-11:45 a.m. Aqua Aero 6:30-7:15 p.m.	1-2:30 p.m. 4-4:30 p.m. 6:30-8 p.m.	Seadogs 4:30-6:30 p.m.	Triathlon Training Club 5:10-6 a.m.
<b>Wednesday</b>	5-6 a.m. (2) 6-7 a.m. (4) 7-9 a.m. (3) 9-10 a.m. (4) 10-11 a.m. (2) 11- Noon (3) 12-4:30 p.m. (4) 4:30-7:15 p.m. (1) 7:15-8 p.m. (2) 8-9:30 p.m. (4)	5-7 a.m. 7-9 a.m. (deep only) 9-10 a.m. 10 a.m.-Noon (deep only) 12-4:30 p.m. 6-8 p.m. (deep only) 8-9:30 p.m.	Aqua Variety 7-7:45 a.m. Aqua Aero 8-8:45 a.m. Power Aqua 10-10:45 a.m. Aqua Aero 11-11:45 a.m. Aqua Aero 6:30-7:15p.m.	9-9:45 a.m. 4-4:30 p.m. 6-8 p.m.	Seadogs 4:30-6 p.m.	Cahokia Middle School 12:30-1:15 p.m.
<b>Thursday</b>	5-6 a.m. (3) 6-7 a.m. (4) 7-8 a.m. (3) 8-9 a.m. (4) 9-10 a.m. (2) 10 a.m.-1 p.m. (3) 1- 4 :30 p.m. (4) 4:30-9 p.m. (2) 9-9:30 p.m. (4)	5-7 a.m. 7-8 a.m. (deep only) 8-9 a.m. 9 a.m.-1 p.m. (deep only) 1-4:30 p.m. 4:30-8 p.m. (deep only) 8-9:30 p.m.	Aqua Tone 7-7:45 a.m. Power Aqua 9-9:45 a.m. H2O Relax 10-10:45 a.m. H2O Relax II 11-11:45 a.m. Arthritis 12-12:45 p.m. Aqua Aero 6:30-7:15 p.m.	1-2:30 p.m. 4:30-8 p.m.		Triathlon Training Club 5:10-6 a.m.
<b>Friday</b>	5-7 a.m. (4) 7-9 a.m. (3) 9-10 a.m. (4) 10-11 a.m. (3) 11-Noon (2) 12-4:30 p.m. (4) 4:30-7 p.m. (1) 7-8:30 p.m. (2)	5-7 a.m. 7-9 a.m. (deep only) 9-10 a.m. 10-11 a.m. (shallow only) 11-Noon (limited space) 12-4:30 p.m. 7-8:30 p.m.	Aqua Aero 7-7:45 a.m. Aqua Aero 8-8:45 a.m. Deep H2O 10-10:45 a.m.	9-10 a.m. 4-4:30 p.m. 7-7:45 p.m.	Seadogs 4:30-7 p.m.	Cahokia High School 11-11:45 a.m.
<b>Saturday</b>	7-Noon (3) 12-5:30 p.m. (2)	7-Noon (deep only) 12-5:30 p.m.	Aqua Aero 7-7:45 a.m.	8:30-11:45 a.m.		Lifeguard Class 12-5p.m.
<b>Sunday</b>	12-12:30 p.m. (4) 12:30-2 p.m. (3) 2-4:30 p.m. (2)	12-12:30 p.m. 12:30-2 p.m. (deep only) 2-4:30 p.m.		12:30-2 p.m.	Seadogs 4:30-7 p.m.	

\*All swimmers under age 13 will be required to pass a swim test every time they visit the pool to swim in the deep end. Swimmers under age 13 who do not pass the swim test and all children under age 8 must have their parent or responsible adult (18 or older) in the water.

\*Pool schedule subject to change without notice.

\*To sign up for swim lessons, water aerobics, lifeguard class, swim team, and other programs contact the service center at (618)281-9622.

\*For questions or concerns contact Jennifer Eggleston at [jeggleston@ymcaswil.org](mailto:jeggleston@ymcaswil.org).