



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AQUATIC SCHEDULE

COLLINSVILLE, MARYVILLE, TROY CENTER

Spring I Session: February 20 – April 7, 2012

Water Exercise Classes	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	8:15-9:10AM Water Arthritis (Diane)		8:15-9:10AM Water Arthritis (Diane)		8:15-9:10AM Water Arthritis (Diane)	8:00-8:55AM Aqua Aerobics (Alie)	
	9:15-10:10AM Aqua Aerobics (Diane)	9:15-10:10AM Aqua Aerobics (Joan)	9:15-10:10AM Aqua Aerobics (Diane)	9:15-10:10AM Aqua Aerobics (Joan)	9:15-10:10AM Aqua Aerobics (Diane)		
	10:15-11:10AM Water Pilates (Diane)	10:15-11:10AM Deep Water (Joan)	10:15-11:10AM Silver Splash (Diane)	10:15-11:10AM Aqua Tone (Joan)	10:15-11:10AM Silver Splash (Diane)		
		11:15-12:10PM Water Arthritis (Joan)		11:15-12:10PM Water Arthritis (Joan)			
	6:30-7:25PM Aqua Aerobics (Debbie)	6:00-6:55PM Deep Water (Diane)		6:00-6:55PM Aqua Aerobics (Diane)			

Open Swim	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	11:15-5:45PM	12:15-5:45PM	11:15-5:45PM	12:15-5:45PM	11:15-8:45PM	11:15-4:45PM	12:00-4:45PM
	7:30-8:45PM	7:15-8:45PM	7:00-8:45PM	7:15-8:45PM			

Lap Swim/Water Walking	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	6:00-8:15AM 3 lanes available	6:00-9:15AM 3 lanes available	6:00-8:15AM 3 lanes available	6:00-9:15AM 2-3 lanes available	6:00-8:15AM 3 lanes available	7:00-9:00AM 3 lanes available	12:00-3:00PM 2-3 lanes available
	8:15-11:15AM 1-2 lane available	9:15-12:15PM 1-2 lane available	8:15-11:15AM 1-2 lane available	9:15-12:15PM 1-2 lanes available	8:15-11:15PM 1-2 lanes available	9:00-11:00AM 1-2 lanes available	3:00-4:45PM 2-3 lanes available
	11:15-3:15PM 2-3 lanes available	12:15-3:15PM 3 lanes available	11:15-3:15PM 3 lanes available	12:15-3:15PM 3 lanes available	11:15-3:15PM 3 lanes available	11:00-1:00PM 2-3 lanes available	
	3:15-5:00PM 2 lanes available	3:15-5:00PM 2 lanes available	3:15-5:00PM 2 lanes available	3:15-5:00PM 2 lanes available	3:15-5:00PM 3 lanes available	1:00-4:45PM 2-3 lanes available	
	5:00-7:30PM 1 lane available	5:00-7:30PM 1 lane available	5:00-7:30PM 1 lane available	5:00-7:30PM 1 lane available	5:00-7:30PM 2-3 lanes available		
7:30-8:45PM 2-3 lanes available	7:30-8:45PM 2-3 lanes available	7:30-8:45PM 2-3 lanes available	7:30-8:45PM 2-3 lanes available	7:30-8:45PM 3 lanes available			

Please note: Lap swim lanes may be reduced to fewer lanes than posted above without advanced notice.

Collinsville Maryville Troy YMCA

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