



# EAST BELLEVILLE CENTER

## GYM SCHEDULE Effective 1/27/2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	**Open Gym** 5:00am - 6:00am	**Open Gym** 5:00am - 6:15am	**Open Gym** 5:00am - 6:00am	**Open Gym** 5:00am - 6:15am	**Open Gym** 5:00am - 6:00am	<b>CLOSED UNTIL MARCH 17TH FOR YOUTH BASKETBALL</b>
	Adult Basketball 6:00am - 8:00am	Bootcamp 6:15 - 7:30am	Adult Basketball 6:00am - 8:00am	Bootcamp 6:15 - 7:15am	Adult Basketball 6:00am - 8:00am	
	Gym Closed For Cleaning 8:00am - 9:15am	**Open Gym** 7:30 - 8:45am	Gym Closed For Cleaning 8:00am - 9:30am	**Open Gym** 7:30 - 8:45am	Gym Closed For Cleaning 8:00am - 9:15am	
	TRX Core 9:20 - 9:50am	**Open Gym** 10:00 - 10:30am	**Open Gym** 9:30-10:45	**Open Gym** 10:00 - 10:30am	TRX Core 9:20 - 9:50am	
**Open Gym** 12:00 - 1:00pm	Childrens Center 10:30 - 11:30am	Childrens Center 10:30 - 11:30am	Childrens Center 10:30-11:30	Childrens Center 10:30 - 11:30am	Childrens Center 10:30 - 11:30pm	
YBL 1:00 - 1:15pm	**Open Gym** 12:15 - 4:00pm	**Open Gym** 11:15am - 12:45pm	**Open Gym** 12:15-4:00pm	**Open Gym** 11:30am - 4:00 pm	**Open Gym** 12:15 - 4:00 pm	
Children's Center 1:30 - 2:30	Children's Center 4:00 - 5:00pm	Homeschool 12:45 pm - 2:00 pm	Children's Center 4:00-5:00pm	Childrens Center 4:00 - 5:00pm	Childrens Center 4:00 - 5:00pm	
**Open Gym** 2:30 - 3:30pm	YBL 5:00 - 6:00pm	**Open Gym** 2:00 - 4:00pm			Childrens Center 4:00 - 5:00pm	
	Tang Soo Karate 6:00 - 6:45pm	Children's Center 4:00 - 5:00pm	YBL 5:00-9:00pm	YBL 5:00 - 9:00pm	YBL 5:00 - 8:00pm	
	YBL 7:00 - 8:00pm	Tang Soo Karate 5:45 pm - 8:15 pm			**Open Gym** 8:00 - 8:45pm	
	**Open Gym** 8:00 - 9:45pm	YBL 8:00 - 9:00pm	**Open Gym** 9:00-9:45pm	**Open Gym** 9:00 - 9:45pm		
		**Open**9:00-9:45				

**Special Events:** Third Friday of the month the center will host Parents Night Out.

**Adult Sports: 13 and older**

**\*schedule subject to change\***

**YMCA Mission:** To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.