

O'Fallon Aquatic Recreation Schedule (January 2nd- February 19th)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 the YMCA opens @ 12pm	Lap Swim 5:30-8:25am	Lap Swim 5:30-8:25am	Lap Swim 5:30-8:25am	Lap Swim 5:30-8:25am	Lap Swim 5:30-8:25am	Lap Swim/ Masters Club 7:00-8:10am
	Aqua Tone 8:30-9:15am	Aquacise 8:30-9:15am	Aquacise 8:30-9:15am	Aquacise 8:30-9:15am	Aqua Tone 8:30-9:15am	Aqua Aerobics 8:15-9:00am
	Deep Water Run 9:20-10:05am	Water Walk/ Deep Water Run 9:20-10:05am	Water Walk/ Deep Water Run 9:20-10:05am	Water Walk/ Deep Water Run 9:20-10:05am	Deep Water Run 9:20-10:05am	Swim Lessons 9:10-10:45am
	Adult Swim 10:15-11:00am	Swim Lessons 10:15-11:00am	Adult Swim 10:15-12:00pm	Swim Lessons 10:15-11:00am	Adult Swim 10:15-11:00am	Open Swim/ Swim Team 10:45am-12:00pm
Lap Swim 12:00-1:05pm	Lap Swim 11:00am-12:50pm	Lap Swim 11:00am-12:50pm Aqua Lungs 12:00-12:45pm	Lap Swim 12:00-12:50pm	Lap Swim 11:00am-12:50pm Aqua Lungs 12:00-12:45pm	Lap Swim 11:00am-12:50pm	
Swim Lessons 1:15-3:00pm	Home School Groups 1:00-3:00pm	Open Swim 1:00-3:55pm	Open Swim 1:00-4:25pm	Open Swim 1:00-3:55pm	Open Swim 1:00-4:10pm HS Swim Team 3:00-4:10pm	Lap Swim/ Swim Team 12:00-12:50pm
	Open Swim 3:00-4:25pm					Open Swim/ Pool Parties 1:00-5:45pm
	Aqua Aerobics/ Barracuda Club 4:30-5:15pm	Swim Team 4:00-6:15pm	Aqua Aerobics 4:30-5:15pm	Swim Team 4:00-6:15pm	Swim Lessons 4:15-5:00pm	
Open Swim/ Pool Parties 3:00-5:45pm	Swim Lessons 5:20-7:00pm	Open Swim/ Swim Team 6:15-7:00pm	Swim Lessons 5:20-7:00pm	Swim Lessons/ Swim Team 6:15-7:00pm	Open Swim/ Barracuda Club 5:10-5:55pm	YMCA closes @ 6pm
YMCA closes at 6pm	Aqua Aerobics/ Swim Lessons 7:10-7:55pm	Aqua Aerobics/ Open Swim 7:10-7:55pm	Open Swim/ HS Swim Team 7:00-9:45pm	Aqua Aerobics/ Open Swim 7:10-7:55pm	Open Swim/ Pool Parties 6:00-8:45pm	
	Open Swim/ HS Swim Team 8:00-9:45pm	Open Swim/ HS Swim Team/ Scuba World 8:00-9:45pm		Open Swim/ HS Swim Team/ Scuba World 8:00-9:45pm		
	YMCA Closes @ 10pm					

One lap lane will be available for lap swimmers, depending on participation in scheduled programs. Lap lanes may not be available during school group hours, swim team practice & swim lessons. Please see postings around the YMCA and on our website www.ymcaswil.org. Thank-you!
